

FOUR SEASONS NATURA E CULTURA

Italian specialist for walking tours

Four Seasons Natura e Cultura is a fully-licensed, independent Italian Tour Operator **founded in 1993**, as the first Italian tour operators specialized in walking & active tours. Today is the **leading specialist** for **active holidays all over Italy**.

From the **Dolomites** to **Sicily**, from the **Amalfi Coast** to **Tuscany**, from the **Cinque Terre** to the **Abruzzo National Park** and **Sicily**: our collection of great walking tours is carefully selected with the best authentic accommodations & local cuisine. **Our walking tours are a full immersion in the natural beauty & local culture combined for an active holiday just right for everyone.**

Our Commitment to You

- ❖ **Responsible & sustainable tourism** – all our trips are run as ‘responsible’ and ‘sustainable’ as possible, socially, culturally, economically and environmentally.
- ❖ **Quality** – Four Seasons Natura e Cultura doesn’t aim to offer the most luxurious tours, and neither the cheapest. But we do give the best value for money.
- ❖ **Satisfaction** – We believe that positive word of mouth is the most powerful compliment. For this reason we undertake to give the best possible holiday experience to all our clients.
- ❖ **Feedback** – Our clients’ feedback is used to continuously improve the quality of our holidays.
- ❖ **Exclusivity** – Many of our tours are ‘originals’, designed & developed by our staff members. These are painstakingly researched routes across many of the most inspiring parts of Italy.



Explore Italy with our professional guides



Our staff members are among the most experienced in the field of sustainable tourism. We are a mix of geographers, environmentalists and economists, but above all travellers and keen walkers and cyclists ourselves.

We have personally developed & tested all our walks & tours!

Our Guides: All our guided tours are led by our own Expert Guides and Tour Leaders. They all have a full knowledge of the area where they guide our tours. Some are geologists, some are biologists or art historians, but above all they all have the special ‘local knowledge’

about their country, Italy and their regions, such as the best ice cream shop or the nicest restaurant in town! **Their goal is to help provide a fun, safe and unforgettable experience for our guests.**



All our guides are professionals members of the national association of nature walking guides, the AIGAE, Associazione Italiana Guide Ambientali Escursionistiche.

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Explore the “REAL” Italy

For us, at **Four Seasons Natura e Cultura**, it is important that our clients will be able to perceive the ‘**Real Italy**’ on our tours. We not just take you to places, or worse ‘do’ places, but select the most special places of this wonderful country – both known and unknown! – and try to make you understand the places you visit and take in the best parts of it. We make you feel the **special atmosphere and unique qualities** of each place we take you to. We make you experience the places you travel to with us, live them and return home richer.



OUR TOURS

- ❖ TUSCANY: Trail from Pisa to Lucca
- ❖ UMBRIA: Timeless Orvieto and surroundings
- ❖ SICILY: Meet the different Sicily!
- ❖ ALPS of Gran Paradiso
- ❖ LAZIO: The mysterious side of Etruscan land
- ❖ CAMPANIA: Amalfi coast and Capri
- ❖ LIGURIA: Enchanting Cinque Terre
- ❖ ABRUZZO: The wild side of Abruzzo National Park

OUR SERVICES

- ❖ **GUIDE SERVICE ONLY:** just tell us "where", and we will provide the best Guide for the selected itinerary.
- ❖ **PACKAGE TOURS:** relax and rely on our expert tour planner and we will provide the complete package itinerary to suit the specific needs of your group.
- ❖ **TAILOR MADE:** Any tour featured on our programme can be individually tailored to meet your specific needs. Or we can even craft an entirely new itinerary altogether, also in areas not listed in our programme.
- ❖ **INCOMING DEPT:** do not hesitate to ask for other activities than ‘just’ walking and cycling. Over the years we have organized many tours which include activities such as sea kayaking, rafting, horse-riding, but also painting and photography as well as cooking classes. You name it and we’ll try to arrange it for you in the best possible way. Our profound knowledge of Italy and the possibilities it offers for special trips makes us the perfect choice for a special vacation!

CONTACT US:



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